



CAROL COOKE



Carol is a qualified solicitor of more than 25 years standing, working in many areas of legal practice including: Employment, Civil Litigation, Property Disputes, Matrimonial and Family Law; and chamber practice. She has extensive experience of disputes and how parties experience and resolve them.

MEDIATION EXPERIENCE

- Trained as a Mediator with Core Solutions in 2009.
- Participated in a number of Core mediations in relation to building and insurance contracts; professional negligence; racial discrimination in employment; disciplinary and grievance issues; trade unions; neighbour and land disputes; and division of matrimonial assets on marriage breakdown.
- Registered Relationships Scotland family mediator, working with Family Mediation West of Scotland since January 2014, mediating sensitive and often highly conflictual issues surrounding family breakdown.
- Guest tutor at the mediation elective of the Professional Competence Certificate course for newly qualified solicitors at Strathclyde University.

PROFESSIONAL EXPERIENCE

- Qualified as a solicitor and notary public in 1986.
- Worked as a solicitor for a number of different firms, latterly Irwin Mitchell Solicitors in Glasgow (2001-2008).
- Covered a wide range of legal work in over 25 years as a solicitor including: civil litigation in a wide range of disputes such as personal injury; breach of contract; interdict; employment matters such as unfair dismissal, redundancy, sex and disability discrimination; neighbour and property disputes; matrimonial and family issues; conveyancing, both domestic and commercial; and private client.
- Early member of the Family Law Association, which promoted a more cooperative approach to family disputes.
- Member and panel chair with Children's Panel Scotland, applying listening and interrogative skills in situations of often high conflict in a quasi-judicial role.